### Healthy living, made easy

**Manulife Mobile Enhancement Capabilities** 





### Personalized medicine – a **fast track** to health



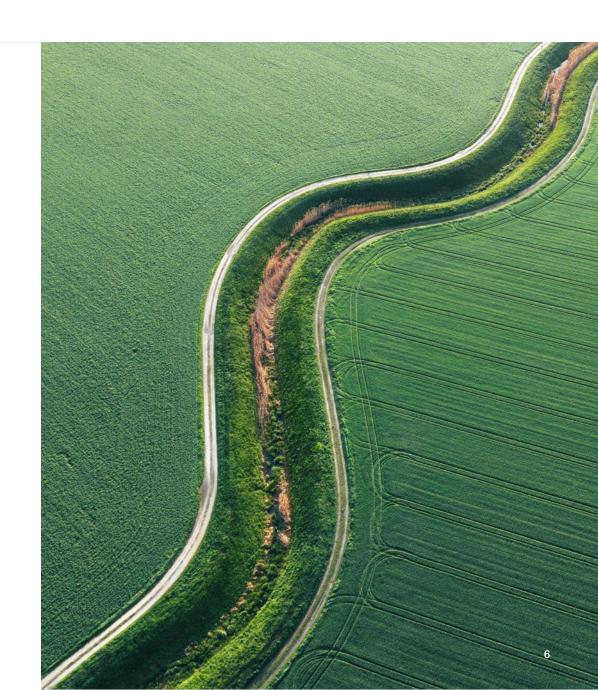
Personalized pharmacist input discuss with member and physician



**Curated program** mental health, ADHD, neurology, and pain

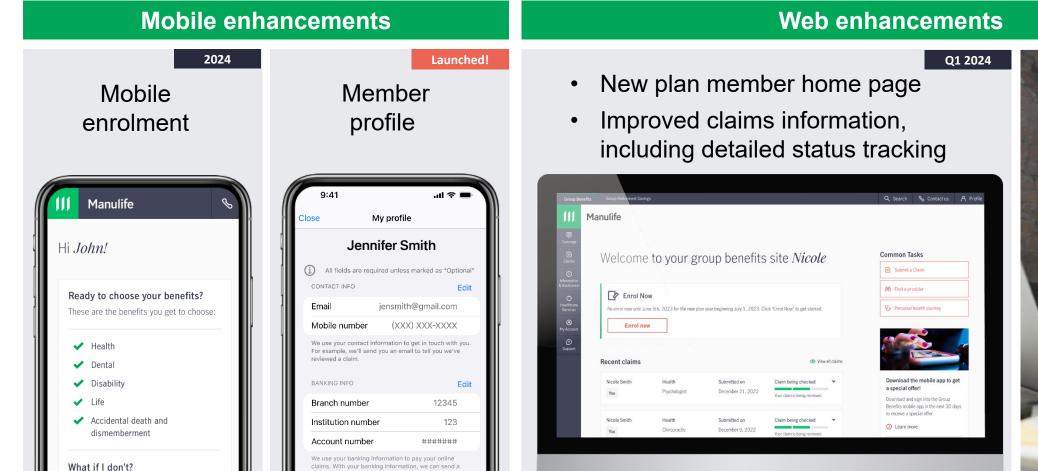


**Precise recommendations** 

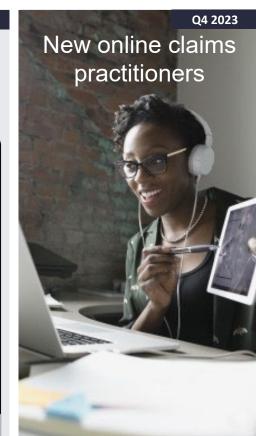


### Enhancements to member digital experiences

Screen shots are subject to change. For illustration purposes only.



claim payment right to your bank account.



### Digital disability portal

Upcoming digital enhancements will make it easier, more efficient, and more secure to submit and manage disability claims.

### **Features**



Secure access



Digital claims submission



Secure 2-way messaging with Manulife



Sponsor dashboard

- · claims overview
- high-level case details



Single sign on with Manulife ID



Digital document upload



Automated notifications

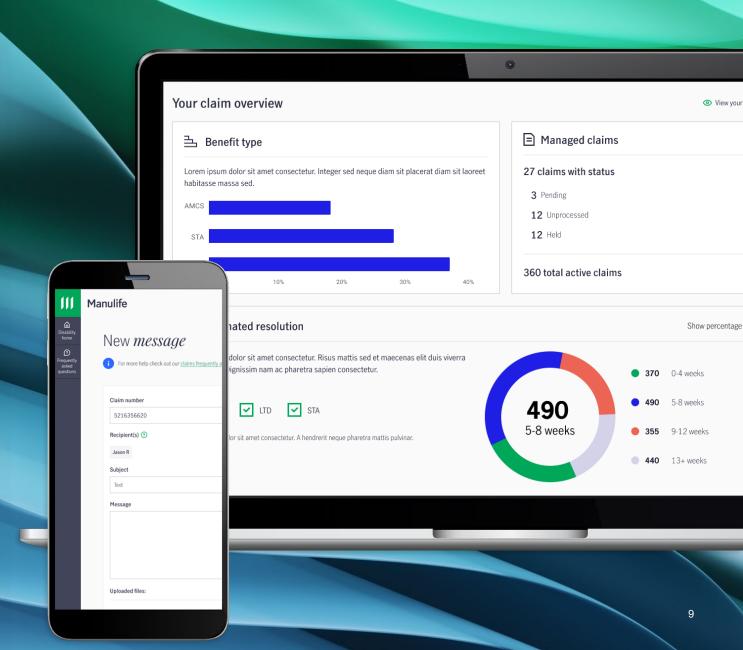


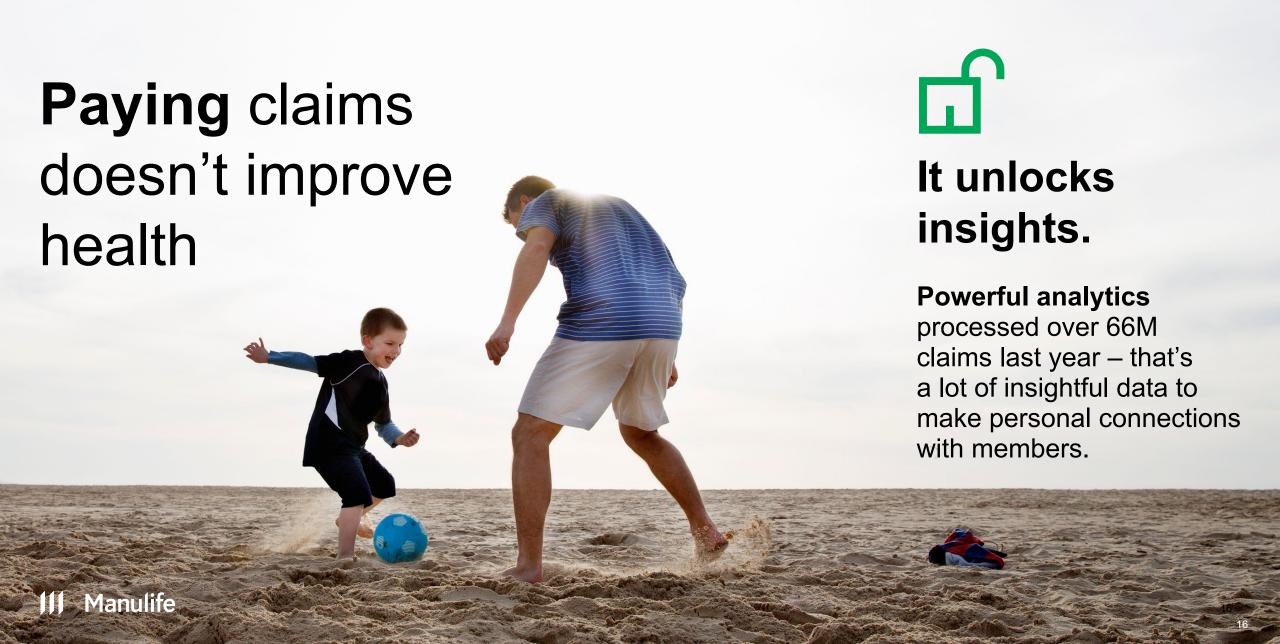
Member dashboard

 active and past claims details

### Digital disability portal

Upcoming digital enhancements will make it easier, more efficient, and more secure to submit and manage disability claims.





# Health matters most.

48 working days a year are lost per employee due to health-related absenteeism and presenteeism.



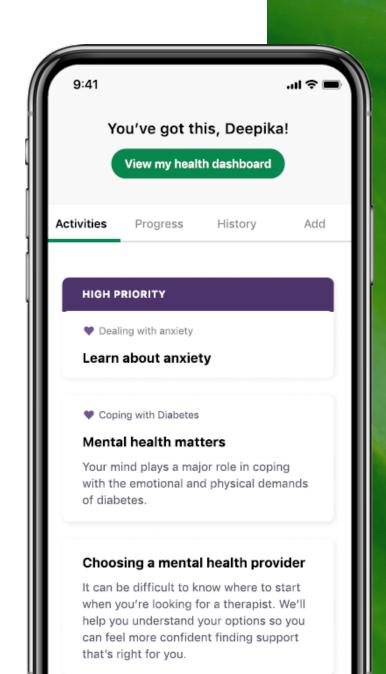
## Enhancements coming in 2024

- Benefit enrolment
- Health profile
- Digital health programs
- Get care services and resources
- Customer care live chat

### Setting your organization up for success

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All-in-one value Manulife Mobile app

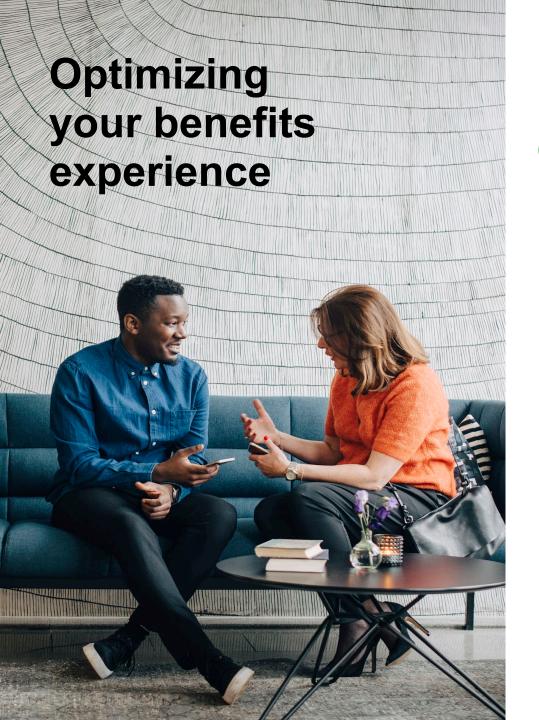














### Self-serve made easy

- Intuitive navigation
- Educational programs for members on the "ins and outs" of their benefits plan and understanding their plan design
- Live chat with a customer service rep (English and French)
- Seamless access to products and services without leaving the app!
- Recommended programs to support members' overall health and well-being
- Data driven insights puts the right information / education in the hands of members at the right time
- Mobile enrolment

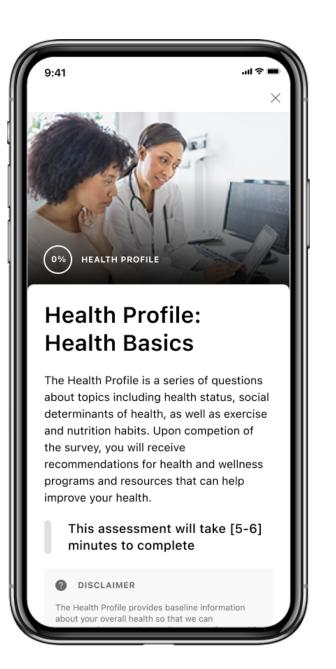


### Health profile: personalizes the experience

Evolving view of each member's health

Self-reported and insightgenerated data from questionnaire, pulse checks, claims, in-app behaviour, and wearable device integrations

Powers personalized relevant insights to enrich their experience



Improving health one step at a time

### **Meet Deepika**

- Diabetic
- Concerned about anxiety
- Doesn't understand her coverage



### **Journeys** are unique to each individual

They present the right activities, at the right time, to motivate members towards a healthier future.



Deepika is recommended a diabetes program based on her profile responses



6 activities

#### Details

Diabetes symptoms and management can cause stress and put pressure on your mental health. But there are things you can do to take charge of your mental health and along the way, better manage your

This program will help you reflect on the relationship between diabetes and mental wellness. The upcoming activities will offer tips and tricks to craft a self-care plan that you can modify and share with your provider throughout treatment.

**Pulse** check questions

One of her responses indicates anxiety struggles

She's prompted to explore a mental health program

One of her responses triggers benefits literacy content

She's prompted to check her coverage and connects with her EFAP

> Knowledge check questions

#### Mental health matters

Your mind plays a major role in coping with the emotional and physical demands of diabetes. Though it may not seem obvious diabetes can influence your mental health - and your mental health can even impact your blood sugar!

This activity will take 3 minutes to complete



### **Engagement** motivates members



Deepika stays motivated because she got the right message at the right time



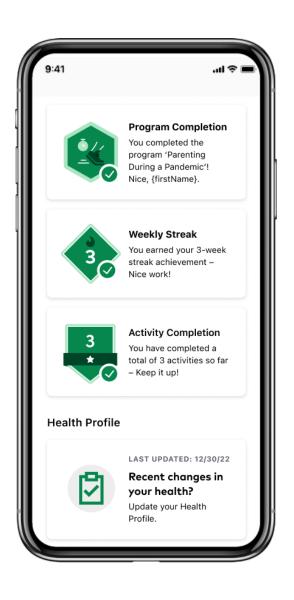
### Data driven insights personalize the experience

- Access to care and programs for each individual
- Personalized nudges and recommendations based on data and health profile



### **Engagement strategies power** small steps towards big goals

- Behaviour nudges drive next best action across user lifecycle
- Intuitive experience to optimize the benefits experience
- Pulse, knowledge and NPS checks to increase data and insights
- Rewards (badges) to encourage healthy behaviour



### Journey experiences



### Variety of program types

- Healthy habits
- Benefits 101
- Challenges
- Educational
- Physical activities

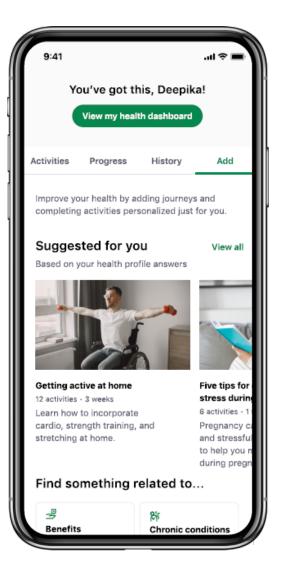


#### Variety of topics

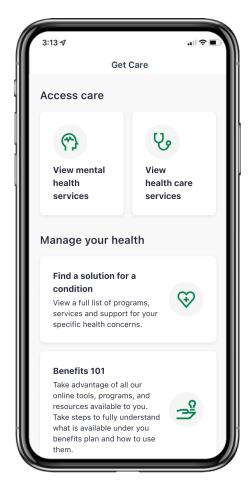
- Benefits literacy
- Preventative care
- Nutrition
- Mental health
- Chronic conditions
- Fitness
- Family health
- Financial health
- Lifestyle (sleep)



## Steps towards a healthier future



### Connecting with care



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Closes the gap between managing health and receiving care

Access partners, apps, and resources (depending on plan design)

Travel

Personalized Medicine

**EFAP** 

Virtual healthcare

Medical second opinion

Virtual health coaching

Medication review

Online mental health support



### Push Notifications



Manulife

Online Version

Earn badges while you learn.



Take a tour of the app! See how you can seamlessly switch from accessing your benefits information, to completing a health program, and connecting with care.

Take the tour



Then dive right in. Start your first program.

The programs are designed to help you better understand how your benefits work, make positive changes, and encourage you to reach your goals and stay motivated – one step at a time. They're broken down into bite-sized activities that you can complete to earn badges and streaks.

Pick your first program today and come back regularly to find new activities recommended for you!



SELECT A PROGRAM NOW

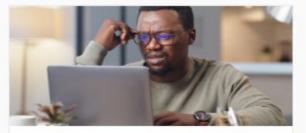
### Push Notifications

### Not sure where to start? Try our top picks.



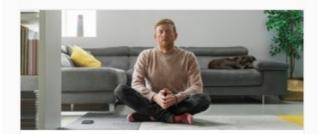
Benefits card FAQ

GET STARTED



Is your claim refund less than you expected?

GET STARTED



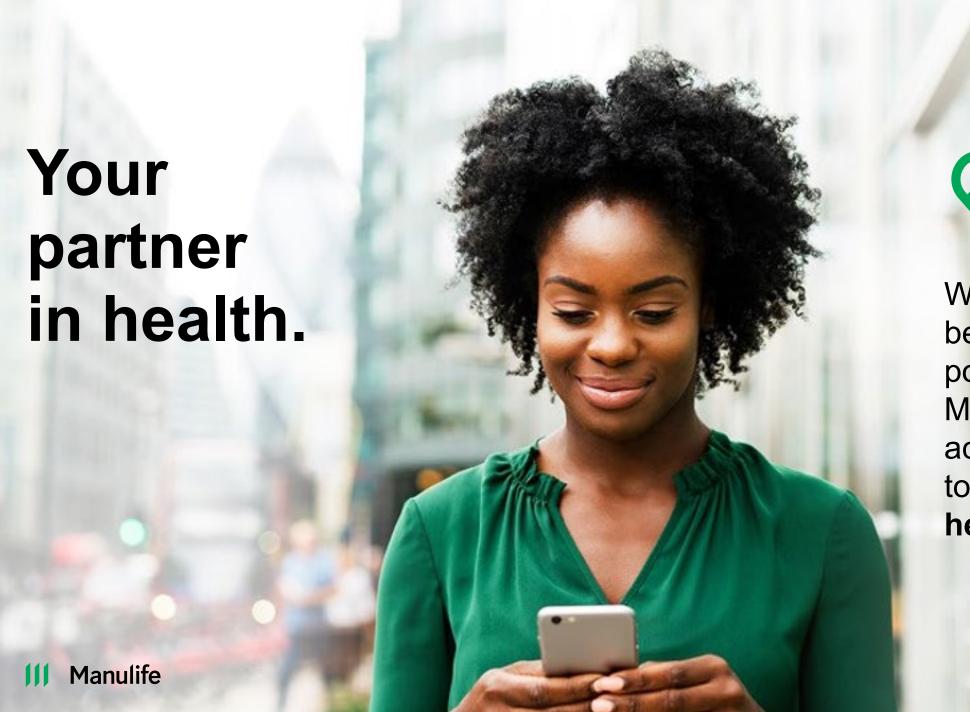
Manage your stress more calmly

GET STARTED



Take 5,000 steps today

GET STARTED





With a group benefits plan powered by Manulife, every action builds towards a healthier future.





#### An improved experience

- Integrated with the existing claims experience
- Personalized and orchestrated by data
- Met her digital expectations
- That improves her satisfaction and NPS

#### Personalized navigation

- Timely information and next-best-actions that guided her through this critical life event
- Provided awareness and access to care across her benefits ecosystem (ex; EFAP)
- Allowed her to add services (ex; voluntary benefits)

#### Simplified access to information

- Self-service that was on-demand, efficient, and curated
- Answered her benefits, health, and well-being questions
- Reduced the need to make a call

#### Motivation for behavior change

- Engaged her throughout the experience
- Had her participate in a group challenge
- Helped her become proactive in her health



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